

2nd Annual Shoulder, Elbow, and Hand Meeting, Mashhad 2018

Day 1, Thursday, November 22nd 2018 (Azar 1st, 1397)

Faculty Dinner

18:00-22:00

Problem case 1

18:00-18:20 Dr. Babak Shojaei (Germany)

Discussion

Problem case 2

18:20-18:40 Dr. Shahram Nazerani (Tehran)

Discussion

Problem case 3

18:40-19:00 Dr. Mahdi Keyhan-Shokooh (Hamedan)

Discussion

Problem case 4

19:00-19:20 Dr. Farshid Bagheri (Mashhad)

Discussion

Problem case 5

19:20-19:40 Dr. Mohamad H. Dehghani Tafti (Esfahan)

Discussion

Problem case 6

19:40-20:00 Dr. Mohamad Hallaj-Moghadam
(Mashhad)

Discussion

Problem case 7

20:00-20:20 Dr. Ali Sedighi (Tabriz)

Discussion

Discussion

Problem case 8

20:20-20:40 Dr. Omid Momenzadeh (Shiraz)

Discussion

Problem case 9

20:40-21:00 Dr. Hamid Aslani (Tehran)

Discussion

Dinner

21:00-22:00

Day 2, Friday November 23rd 2018 (Azar 2nd 1397)

Registration	7:00-8:00	
Introduction and Overview of the Upper Extremity Injuries	8:00-8:10	Dr. Farivar Lahiji (Chief of the ISSH), Dr. Amir Kachooei (Meeting Director)
Session 1: ELBOW		
Section 1, Distal Humerus		
What is the outcome of capitellum fracture ORIF/arthroplasty??	8:10-8:15	Dr. Mohamad Ghahramani (Mashhad)
What is the outcome of capitellum fracture resection??	8:15-8:20	Dr. Roozbeh Taghavi (Tehran)
<i>Discussion</i>	8:20-8:30	
Medial epicondyle fracture: ORIF??	8:30-8:35	Dr. Hamid Reza Dehghani (Tehran)
Medial epicondyle fracture: No intervention??	8:35-8:40	Dr. Ali Moradi (Mashhad)
<i>Discussion</i>	8:40-8:50	
Parallel vs. orthogonal distal humerus plating??	8:50-8:55	Dr. Afshin Ziaee (Shiraz)
How many screws in distal humerus plating??	8:55-9:00	Dr. Ahmadreza Zarifian (Mashhad)
<i>Discussion</i>	9:00-9:10	
What are the prophylaxis for heterotopic ossification??	9:10-9:15	Dr. Alireza Hootkani (Mashhad)
When and how to treat elbow heterotopic ossification??	9:15-9:20	Dr. Amin Razi (Mashhad)
<i>Discussion</i>	9:20-9:30	
Break	9:30-9:50	
Section 2, Proximal Forearm		
Talk 1 (Radial head prosthesis)	9:50-9:55	
Coronoid Fracture: when to fix??	9:55-10:00	Dr. Farivar Lahiji (Tehran)
Coronoid Fracture: when to ignore??	10:00-10:05	Dr. Ehsan Vahedi (Mashhad)
<i>Discussion</i>	10:05-10:15	
Radial head fracture ORIF vs. arthroplasty??	10:15-10:20	Dr. Ali Dianat (Tehran)
Radial head fracture resection vs. arthroplasty??	10:20-10:25	Dr. Reza Abdi (Mashhad)
<i>Discussion</i>	10:25-10:35	
Olecranon fracture dislocation: How to approach to the coronoid??	10:35-10:40	Dr. Ali Ajvadi (Mashhad)
Olecranon fracture dislocation: How to approach to the radial head??	10:40-10:45	Dr. Amir Reza Farhoud (Tehran)
<i>Discussion</i>	10:45-10:55	
How to treat a posterolateral rotary instability (PLRI)??	10:55-11:00	Dr. Hooman Shariatzadeh (Tehran)
How to treat a varus posteromedial rotary instability (VPMRI)??	11:00-11:05	Dr. Yousof Fallah (Tehran)
<i>Discussion</i>	11:05-11:15	
What is the prognosis of a radial head fracture dislocation??	11:15-11:20	Dr. Lili Farhadi (Tehran)
What is the prognosis of a terrible triad (radial head fx-dx + coronoid fx)?	11:20-11:25	Dr. Mohamad Ali Okhovat Pour (Tehran)
<i>Discussion</i>	11:25-11:35	
Break	11:35-11:55	
Section 3, Elbow Soft Tissue		
Talk 2 (Bone substitutes)	11:55-12:00	Dr. Sasani (Mashhad-Osveh)
Enthesopathy of the ECRB (Tennis elbow): cortisone vs PRP vs. placebo	12:00-12:05	Dr. Hadi Beikpour (Tehran)
Enthesopathy of the ECRB (Tennis elbow): need to be immobilized?	12:05-12:10	Dr. Razieh Nabi (Tehran)
<i>Discussion</i>	12:10-12:20	
Tennis elbow or LCL insufficiency?	12:20-12:25	Dr. Alireza Rohani (Tabriz)
Tennis elbow or Radial tunnel syndrome?	12:25-12:30	Dr. Dr. Mehran Razavipour (Sari)
<i>Discussion</i>	12:30-12:40	
Arthroscopic tennis elbow surgery: Pros and cons?	12:40-12:45	Dr. Reza Kamrani (Tehran)
Open tennis elbow debridement surgery: Pros and cons?	12:45-12:50	Dr. Mohammad Ghorashian (Yazd)
<i>Discussion</i>	12:50-13:00	

Lunch	13:00-14:00
Session 2, Hand and Wrist	
Section 4, Workshops	14:00-15:00
Radial head prosthesis replacement	Aubadis
Radial head prosthesis replacement	Implant Cast
Preplanning software	Aubadis
Joint Arthroscopy and Repair Systems	Arthrex
Joint Arthroscopy and Repair Systems	Storz
Workshop: Endoscopic Carpal Tunnel Release	ConMed

Section 5, Wrist Pathologies

Panel: Radial Sided Pain, Ulnar Sided Pain	15:00-15:40	Moderator: Dr. Roshanak Moradi (Tehran)
1. Scaphoid nonunion: proximal pole versus distal pole resection?		Dr. Mahmoud Fattahi Bafghi (Tehran)
2. CMC1 OA: Do you inject and immobilize? Or operate?		Dr. Ali Kooshan (Tehran)
3. De Quervain Tendinopathy: Inject? Immobilize? Operate? Ignore?		Dr. Abolghasem Zare Zadeh (Esfahan)
		Dr. Mahdi Mazloomi (Mashhad)
		Dr. Babak Shojaie (Germany)
		Dr. Rahmatollah Jokar (Babol)
		Dr. Razieh Nabi (Tehran)
Panel: Soft Tissue	15:40-16:20	Moderator: Dr. Omid Liaghat (Shiraz)
1. Brachial Plexus Palsy: What to do in different ages?		Dr. Hosein Abdolrazzaghi (Tehran)
2. Proximal advancement of nail fold		Dr. Ehsan Arasteh (Tehran)
3. Extensor tendon dislocation? Does sagittal band repair/reconstruction work?		Dr. Mohamad R. Akhondi-Nasab (Tehran)
		Dr. Kamal Foroutan (Tehran)
		Dr. Mohamad J. Fatemi (Tehran)
		Dr. Mohamad A. Hoseinian (Tehran)
		Dr. Masoud Yavari (Tehran)
		Dr. Ezzatollah Tabrizian (Tehran)

PANEL

Medicolegal Issues in Upper Extremity Surgery	16:20-16:40	Dr. Mohamad Kazemian (Tehran) Dr. Farshid Bagheri (Mashhad) Dr. Ali Birjandinejad (Mashhad)
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SAGE ORATION

Introduction	16:40-17:10	Dr. Mohamad Gharedaghi (Mashhad)
Hand Surgery: Lessons Learned Over My Life		Dr. Aziz Ahmadi (Tehran)
Closing Remarks	17:10-17:15	Dr. Amir Kachooei (Mashhad)
Adjourn	17:15	

Day 3, Saturday November 24th 2018 (Azar 3rd 1397)		
Session 1: Shoulder		
Section 1: Physical Exam		
Opening, Registration	7:00-8:00	
WORKSHOP		
Arthroscopic Knot Tying	8:00-9:00	
Shoulder, Elbow, Wrist Arthroscopy		Arthrex
Shoulder, Elbow, Wrist Arthroscopy		Storz
Repair Systems		Arthrex
Repair Systems		Storz
Break		
9:00-9:15		
Section 2: Instability		
Booster course on shoulder examination	9:15-9:30	Dr. Amir R. Sadeghifar (Kerman)
Case presentation: A young patient with more than 20 episodes of shoulder dislocation	9:30-9:35	Dr. Omid Momenzadeh (Shiraz)
Case presentation: A young patient with the second episode of shoulder dislocation	9:35-9:40	Dr. Mohamad R. Guiti (Tehran)
Case presentation: A young patient with shoulder pain	9:40-9:45	Dr. Aliakbar Khorsandi (Tehran)
Case presentation: A young patient with biceps instability	9:45-9:50	Dr. Amir Sobhani (Tehran)
PANEL DISCUSSION	9:50-10:10	Moderator: Dr. Aslani
Case presentation: A Patient with a 4-part proximal humerus fracture treated with ORIF	10:10-10:15	Dr. Mohammad Ghoreishian (Yazd)
Case presentation: A Patient with a 4-part proximal humerus fracture treated with hemi arthroplasty	10:15-10:20	Dr. Fariborz Azizi (Tehran)
Case presentation: A patient with a 4-part proximal humerus fracture treated with reverse shoulder arthroplasty	10:20-10:25	Dr. Mohamad Ebrahimzadeh (Mashhad)
PANEL DISCUSSION	10:25-10:40	Moderator: Dr. Momenzadeh
PANEL		
OT/PT Panel: What should orthopedic surgeons know about rehabilitation of Shoulder Instability, Rotator Cuff repair, Elbow, and Wrist conditions?	10:40-11:10	Dr Hosein Negahban (Mashhad) Dr. Salman Nazari (Mashhad) Dr. Maryam Farzad (Tehran)
Break		
11:10-11:25		
Section 3: Rotator Cuff		
Case presentation: reading the MRI of a patient with cuff tear	11:25-11:30	Dr. Mohsen Mardani-Kivi (Rasht)
Case presentation: A patient with irreparable rotator cuff tear	11:30-11:35	Dr. Mahdi Rahimi (Tehran)
Case presentation: A patient with concomitant RCT and Frozen Shoulder	11:35-11:40	Dr. Mohamad Ebrahimzadeh (Mashhad)
Case presentation: A patient with nonoperative treatment for a rotator cuff tear	11:40-11:45	Dr. Khosro Tahvildari (Tehran)
Case presentation: A patient with recurrent tear	11:45-11:50	Dr. Hamid Aslani (Tehran)
Case presentation: A patient with PASTA lesion	11:50-11:55	Dr. Alireza Rohani (Tabriz)
Case presentation: A patient with failed repair	11:55-12:00	Dr. Fariborz Azizi (Tehran)
PANEL DISCUSSION	12:00-12:35	Moderator: Dr. Guiti
SAGE ORATION		
Introduction	12:35-13:00	Dr. Jafar Amini (Mashhad)
Orthopedic surgery: Lessons Learned Over My Life		
Adjourn		Dr. Amir Kachooei (Meeting Director)
Lunch		
13:00-14:00		

Day 4, Sunday November 25th 2018 (Azar 4th 1397)

Holiday